Patent Claims

- A device for biomechanical stimulation, comprising a base plate (1), a
 pedestal (2) connected to the base plate (1), and a platform (3) connected to
 the pedestal (2) via a drive device, characterized in that
 the platform (3) exerts a circular or elliptical movement around an axis which
 lies outside the center of gravity of the platform (3) during operation, and
 experiences a parallel displacement at the same time.
- The device according to Claim 1, characterized in that the platform (3) has an ergonomic shape and comprises a smaller area content of the surface than the surface of the base plate (1).
- The device according to Claim 1 or 2, characterized in that the platform (3) is set into a circular or elliptical movement using an eccentric drive.
- The device according to one of Claims 1 through 3, characterized in that the base plate (1) is fixed, preferably by putting on a weight.
- 5. The device according to one of Claims 1 through 4, characterized in that wheels (6) are provided for transporting the device, preferably in proximity to the connection of pedestal (2) and base plate (1).
- The device according to one of Claims 1 through 5, characterized in that units
 (5; 8) for operating the device are provided on the pedestal (2).
- A use of the device according to one of Claims 1 through 6 for biomechanical stimulation of muscles.
- A use of the device according to one of Claims 1 through 6 for encouraging the circulation of a body part.
- A use of the device according to one of Claims 1 through 6 for building muscles.

 A use of the device according to one of Claims 1 through 6 for cosmetic purposes.